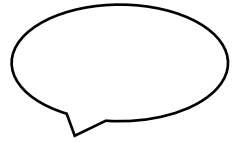


IMPORTANT ENGLISH SENTENCES FOR BEGINNERS

I. Introducing Yourself – Spoken English (Day 1)

These simple phrases help you to introduce yourself confidently in spoken English.



MAIN SECTION – SPEAKING PHRASES

1. **“My name is...”** This is the most basic and polite way to tell someone your name.

e.g. My name is Luke Mulindwa.

My name is Malonga.

2. **“I am from...”** Use this to tell your city, state, or country.

e.g. I am from Congo.

I am from Tshopo province.

I am from Kigali.



3. **“I work/study at...”** Use this to share your school, college, or workplace.

e.g. I study at UNIGOM.

I study at Saint Joseph Institute.

I work at NURU FM TV.



4. **“I am interested in...”** Use this to talk about hobbies, passions, or fields you like.

e.g. I am interested in playing Guitar and Fitness.

I am interested in reading love books.



5. **“Nice to meet you!”** Say this when you meet someone for the first time.

e.g. A: Nice to meet you!

B: Nice to meet you too.



GOLD TIP

Speak slowly, smile,
and maintain eye
contact while
introducing yourself.

II. Talking About Your Daily Routine (Day 2)



Use these simple sentences to talk naturally about your everyday routine.

MAIN SECTION – SPEAKING PHRASES

1. “I wake up at...”

e.g. I wake up at 6:00 AM.



2. “I get ready for...”

e.g. I get ready for school.

I get ready for work.

I get ready for church.



3. “I have breakfast at...”

e.g. I have breakfast at 8:00 AM.

I have breakfast at 8:30 AM.



4. “I go to...”

e.g. I go to school at 7:30 AM.

I go to work at 9:00 AM.

I go to church every Sunday.



5. “I study/work for...”

e.g. I study for five hours.

I work for eight hours.



6. “I have lunch at...”

e.g. I have lunch at 1 PM.

I have lunch at 12 PM.



7. “I relax/rest in the evening by...”

e.g. I relax in the evening by watching TV.

I rest in the evening by listening to music.



8. “I go to bed at...”

e.g. I go to bed at 10:30 PM.

I go to bed at 9:00 PM.



TIP

Use simple
present tense to
talk about your
daily routine.

III. Talking About Your Family (Day 3)

Use these simple sentences to talk about your family in daily conversations.

MAIN SECTION – SPEAKING PHRASES

1. “I live with my ...”

e.g. I live with my parents and siblings.

I live with my sister Goma city.



2. “I have a small/big family.”

e.g. I have a small family of four members.

I have a big family of five brothers, six sisters and ten cousins.

3. “My father/mother is...”

e.g. My father is a teacher.

My mother is a doctor.



4. “I have one brother/sister.”

e.g. I have one young brother.

I have two big sisters.

5. “We spend time together by...”

e.g. We spend time together by watching movies.

We spend time together by singing and praying.

6. “My family supports me...”

e.g. My family supports me whenever I need their help.

My family supports me in everything I do.

7. “I love my family very much.”

e.g. I love my family very much; they mean everything to me.



TIP

Use simple words
and speak clearly,
when describing
your family.

IV. Talking About Your Hobbies & Interests (Day 4)

Use these phrases to talk naturally about your hobbies and the things you enjoy doing.

MAIN SECTION – SPEAKING PHRASES

1. “My hobby is...”

e.g. My hobby is swimming.
My hobby is jogging.



2. “I am interested in...”

e.g. I am interested in photography.
I am interested in singing.



3. “I love to...”

e.g. I love to play guitar.



4. “I enjoy...”

e.g. I enjoy going out with friends.



5. “In my free time, I...”

e.g. In my free time, I go for a walk.

In my free time, I play with my siblings.



6. “My favorite activity is...”

e.g. My favorite activity is cooking.
My favorite activity is dancing.



V. Asking & Answering Basic Questions (Day 5)

These everyday questions help you to start a simple English conversation.

MAIN SECTION – SPEAKING PHRASES

1. “What is your name?”

A/ My name is Jackson.

2. “Where are you from?”

A/ I am from Uganda.

3. “What do you do?”

Meaning: job/work/study.

A/ I work at Nyiragongo cement factory.

I study at ULPGL.

4. “How old are you?”

Meaning: Age

A/ I am 20 years old.

5. “How are you?”

A/ I am good.

I am fine. Thank you.

6. “What are your hobbies?”

A/ My hobbies are reading and swimming.

7. “Can you help me please?”

A/ Yes, how can I help you?

TIP

Do not feel nervous.
Ask and answer
slowly, with a
friendly tone and
keep it simple.